

Holly Stiel's **Service Moments!**

Keep your service spirit alive with these inspired insights from world renowned service expert Holly Stiel

Sophia



For some time, I have been inspired by the spiritual and philosophical lessons of Sophia, The Gnostic Goddess of Wisdom, and always smile when I meet someone named Sophia. A few weeks ago, I was lucky enough to be served by a woman named Sophia, who indeed had life lessons of her own to teach us all.

This Sophia is a breakfast server at a restaurant in The Sheraton Boston, a job she has been doing for the past 43 years. Even after all this time at the job, she does not have seniority because there are three other servers who have been there for 46 years. What is so inspiring about this Sophia is that she started working at The Sheraton when she was 46 years old. Allow me to do

the math. Sophia, the joyous, energetic, smiling, attentive server is 89 years old and she insists on working seven days a week. She says it keeps her going because she loves what she does and that is what she truly wants to be doing.

The Gnostic Goddess Sophia teaches us to be true to ourselves, and to follow our hearts and live from that sense of self. Sophia, who I am now calling the High Priestess of breakfast servers at The Sheraton, is showing us exactly what that looks like.

If you have examples or thoughts about the importance of “attitude” in your work, please send your comments and stories to holly@thankyouverymuchinc.com.

We'd love to hear from you!

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