

Holly Stiel's **Service Moments!**

Keep your service spirit alive with these inspired insights from world renowned service expert Holly Stiel

A Snapshot in Time



My husband Bill, an extraordinary professional photographer, asked me to help him title some of his photos for an upcoming exhibition. While it could have turned out to be just one more item on my to-do list, it became a magically memorable moment.

Working collaboratively to name his photos was in and of itself a service moment. The real value of our exchange was the ability to stop in the middle of the task, take a breath, grin from ear to ear, and truly notice how exquisite the experience was for the both of us.

I found myself looking at Bill and declaring out loud, “I love this moment!” With the simple act of pausing and appreciating what was happening, I was able to count the many blessings that this ordinary moment was offering. It was an opportunity to intermingle our creativity, while celebrating the fact that after 28 years together we were still giggling and appreciating each other’s artistry, friendship and love. We were present in the moment, engaged in quality work, supportive and happy. We were grateful to recognize all that we have while we have it.

Every day, in every moment, life changes. How lucky was I to remember to stop and be thankful, breathing it all in instead of rushing through the process and checking it off as yet another “duty” performed.

What are you stopping to notice in your life today? Can you freeze frame a moment and create an indelible memory? You may be surprised at how many blessings there are once you stop and start to count them.

If you have examples or thoughts about the importance of “attitude” in your work, please send your comments and stories to holly@thankyouverymuchinc.com.

We’d love to hear from you!

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